

Blueberry Scone 26/02/2019



INGREDIENTS: Flour (wheat), Blueberries, Water, Sugar, Butter (cream) (milk), Egg, Buttermilk Powder (milk), Margarine (Canola oil, water, modified palm and palm kernel oils, salt, vegetable monoglycerides, soya lecithin, sodium benzoate, citric acid, artificial flavour, vitamin A palmitate, vitamin D3) (soybeans), Baking Powder, Brown Sugar, Oats, Salt

INGRÉDIENTS: farine (blé) , les bleuets , eau , sucre , beurre (crème) (lait) , d'œufs , d'avoine , poudre de babeurre (lait) , margarine (huiles huile de canola , de l'eau , de palme modifiée et de palmiste , sel, monoglycérides végétaux , lécithine de soja , le benzoate de sodium , acide citrique , arôme artificiel , palmitate de vitamine A , la vitamine D3) (soja) , poudre à pâte , sucre brun, l'avoine, sel

Nutrition Facts Valeur nutritive

1 scone (170 g) / 1 scone (170 g)

Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories	430
Fat / Lipides	15 g 23 %
Saturated / saturés + Trans / trans	7 g 38 % 0.3 g
Cholesterol / Cholestérol	55 mg
Sodium / Sodium	530 mg 22 %
Carbohydrates / Glucides	67 g 22 %
Fibre / Fibres	3 g 11 %
Sugars / Sucres	22 g
Protein / Protéines	9 g
Vitamin A / Vitamine A	15 %
Vitamin C / Vitamine C	4 %
Calcium / Calcium	25 %
Iron / Fer	25 %

Receiving Specifications

Shelf life: 3 days

Refrigeration: Not required

Allergen Information

Contains: Wheat, Dairy, Soy Products, & Egg.

Produced on equipment that also processes: Peanuts, Tree Nuts, Sulphites, Sesame Seeds.

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2821 Quesnel street. Victoria. V8T 4K2



250-360-2390

Cheddar and Chive Scone 26/02/2019



Nutrition Facts Valeur nutritive

1 scone (165 g) / 1 scone (165 g)

Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 480	
Fat / Lipides 23 g	36 %
Saturated / saturés 13 g + Trans / trans 0.5 g	70 %
Cholesterol / Cholestérol 90 mg	
Sodium / Sodium 830 mg	34 %
Carbohydrates / Glucides 52 g	17 %
Fibre / Fibres 2 g	7 %
Sugars / Sucres 2 g	
Protein / Protéines 17 g	
Vitamin A / Vitamine A	25 %
Vitamin C / Vitamine C	4 %
Calcium / Calcium	50 %
Iron / Fer	30 %

INGREDIENTS: Flour (wheat), Water, Cheddar Cheese (Pasteurised milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, may contain colour), Butter (cream) (milk), Egg, Buttermilk Powder (milk), Baking Powder, Salt, Dehydrated Toasted Onions, Dehydrated Chives, Parsley

INGRÉDIENTS: Farine (blé) , eau , fromage cheddar (lait pasteurisé , substances laitières modifiées , culture bactérienne, sel , chlorure de calcium, enzyme microbienne , peut contenir la couleur) , beurre (crème) (lait) , oeufs, poudre de babeurre (lait) , de cuisson poudre, sel , déshydratées grillé Oignons , déshydratées Ciboulette , persil déshydraté

Receiving Specifications

Shelf life: 3 Days
Refrigeration storage: Not Required

Allergen Information

Contains: Wheat, Dairy, & Egg.

Produced on equipment that also processes: Peanuts, Soy Products, Tree Nuts, Sesame Seeds, & Sulphites.



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Cherry Dark Chocolate Scone 25/02/2019



INGREDIENTS: Flour (wheat), Water, Cherries (cherries, sugar), Sugar, Butter (cream) (milk), Egg, Chocolate (Sugar, Vegetable fat (palm kernel and/or palm), cocoa powder with alkali, cocoa powder, skim milk powder, whey powder (milk), lactose (milk), soy lecithin, natural vanilla extract) (milk, soybeans), Buttermilk Powder (milk), Baking Powder, Salt

INGRÉDIENTS: Farine (blé), l'eau , les cerises (cerises , sucre) , sucre , beurre (crème) (lait) , oeufs, chocolat (sucre , graisse végétale (palme kernel et / ou de palme) , poudre de cacao avec de l'alkali , poudre de cacao, lait écrémé lait en poudre, poudre de lactosérum (lait) , le lactose (lait) , lécithine de soja , extrait naturel de vanille) (lait, soja) , poudre de babeurre (lait) , poudre à pâte , sel

Nutrition Facts Valeur nutritive

1 scone (160 g) / 1 scone (160 g)

Amount Teneur	% Daily Value % valeur quotidienne
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Calories / Calories	450
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Fat / Lipides	16 g	25 %
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Saturated / saturés	10 g	50 %
+ Trans / trans	0.3 g	

Cholesterol / Cholestérol	65 mg
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Sodium / Sodium	570 mg	24 %
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Carbohydrates / Glucides	68 g	23 %
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Fibre / Fibres	2 g	7 %
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Sugars / Sucres	21 g
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Protein / Protéines	10 g
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Vitamin A / Vitamine A	15 %
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Vitamin C / Vitamine C	2 %
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Calcium / Calcium	30 %
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Iron / Fer	30 %
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Receiving Specifications

Shelf life: 3 days

Refrigeration: Not required

Allergen Information

Contains: Wheat, Dairy, Soy Products, & Egg.

Produced on equipment that also processes: Peanuts, Tree Nuts, Sesame Seeds, & Sulphites.



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Cranberry Orange Scone 26/02/2019

INGREDIENTS: Flour (wheat), Water, Sugar, Fondant (liquid sugar, glucose), Butter (cream) (milk), Cranberries, Egg, Oranges, Buttermilk Powder (milk), Baking Powder, Salt

INGRÉDIENTS: farine (blé) , eau , sucre , fondant (sucre liquide , glucose) , beurre (crème) (lait) , les canneberges , œufs , oranges , poudre de babeurre (lait) , poudre à pâte , sel

Nutrition Facts

Valeur nutritive

1 scone (165 g) / 1 scone (165 g)

Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories	470
Fat / Lipides 13 g	20 %
Saturated / saturés 8 g	40 %
+ Trans / trans 0.3 g	
Cholesterol / Cholestérol	60 mg
Sodium / Sodium	550 mg 23 %
Carbohydrates / Glucides	79 g 26 %
Fibre / Fibres	2 g 8 %
Sugars / Sucres	22 g
Protein / Protéines	9 g
Vitamin A / Vitamine A	10 %
Vitamin C / Vitamine C	10 %
Calcium / Calcium	25 %
Iron / Fer	25 %

Receiving Specifications

Shelf life: 3 days

Refrigeration: Not required



Allergen Information

Contains: Wheat, Dairy, & Egg.

Produced on equipment that also processes: Peanuts, Tree Nuts, Sesame Seeds, & Sulphites.

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Pumpkin Scone 26/02/2019



INGREDIENTS: Flour (wheat), Fondant (liquid sugar, glucose), Margarine (Canola oil, water, modified palm and palm kernel oils, salt, vegetable monoglycerides, soya lecithin, sodium benzoate, citric acid, artificial flavour, vitamin A palmitate, vitamin D3) (soybeans), Pumpkin, Water, Sugar, Butter (cream) (milk), Egg, Corn Syrup (glucose, sugar, water, molasses, salt, potassium sorbate, caramel colour) (sulphites), Baking Powder, Buttermilk Powder (milk), Vanilla (water, alcohol, vanilla beans, Vegetable glycerine), Baking Soda, Cinnamon, Nutmeg, Salt, Cloves, Ginger

INGRÉDIENTS: Farine (blé), Fondant (sucre liquide , glucose) , Margarine (huile de canola , de l'eau , de palme modifiée et palmiste , sel , monoglycérides végétales , lécithine de soja , le benzoate de sodium, acide citrique , arôme artificiel , palmitate de vitamine A , la vitamine D3) (soja) , citrouille, eau , sucre , beurre (crème) (lait) , des oeufs , le sirop de maïs (glucose , sucre, eau , mélasse , sel, sorbate de potassium , colorant caramel) (sulfites) , poudre à pâte , poudre de babeurre (lait) , la vanille (eau, alcool , gousses de vanille , glycérine végétale) , bicarbonate de soude , la cannelle, noix de muscade , sel , clous de girofle , gingembre

Allergen Information

Contains: Wheat, Dairy, Soy Products, Sulphites Ginger, & Egg.

Produced on equipment that also processes: Peanuts, Tree Nuts, Sesame Seeds.

Nutrition Facts Valeur nutritive

1 scone (190 g) / 1 scone (190 g)

Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories	670
Fat / Lipides	26 g 40 %
Saturated / saturés + Trans / trans	9 g 47 % 0.3 g
Cholesterol / Cholestérol	45 mg
Sodium / Sodium	390 mg 16 %
Carbohydrates / Glucides	95 g 32 %
Fibre / Fibres	3 g 13 %
Sugars / Sucres	17 g
Protein / Protéines	9 g
Vitamin A / Vitamine A	130 %
Vitamin C / Vitamine C	2 %
Calcium / Calcium	15 %
Iron / Fer	25 %

Receiving Specifications

Shelf life: 3 days

Refrigeration: Not required



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Raspberry White Chocolate Scone 26/02/2019



INGREDIENTS: Flour (wheat), Water, Sugar, Butter (cream) (milk), White Chocolate (Sugar, Hydrogenated Palm Kernel Oil, Powdered Whey Protein Concentrate, Whole Milk Powder, Cocoa Butter, Soya Lecithin, Titanium Dioxide, Natural Flavour) (milk, soybeans), Egg, Raspberries, Buttermilk Powder (milk), Apple Sauce (apples, water), Baking Powder, Salt, Instant Clear Gel, Icing Sugar (sugar, cornstarch)

INGRÉDIENTS: Farine (blé), eau , sucre , beurre (crème) (lait) , chocolat blanc (sucre , huile de palmiste hydrogénée , poudre de protéines de lactosérum concentré , poudre de lait entier , beurre de cacao , lécithine de soja , dioxyde de titane , arôme naturel) (lait , le soja) , oeuf , Framboises, poudre de babeurre (lait) , sauce aux pommes (pommes, eau) , la poudre à pâte , sel, gel clair instantanée , sucre glace (sucre , amidon de maïs)

Allergen Information

Contains: Wheat, Dairy, Soy Products, & Egg.
Produced on equipment that also processes: Peanuts, Tree Nuts, Sesame Seeds, & Sulphites.

Nutrition Facts Valeur nutritive

1 scone (175 g) / 1 scone (175 g)

Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 510	
Fat / Lipides 19 g	29 %
Saturated / saturés 12 g + Trans / trans 0.4 g	62 %
Cholesterol / Cholestérol 75 mg	
Sodium / Sodium 640 mg	27 %
Carbohydrates / Glucides 77 g	26 %
Fibre / Fibres 2 g	9 %
Sugars / Sucres 27 g	
Protein / Protéines 11 g	
Vitamin A / Vitamine A	15 %
Vitamin C / Vitamine C	6 %
Calcium / Calcium	35 %
Iron / Fer	30 %

Receiving Specifications

Shelf life: 3 days
Refrigeration: Not required



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