

Banana Loaf

13/02/2019



Nutrition Facts Valeur nutritive

1 slice (100 g) /

Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories	310
Fat / Lipides	13 g 21 %
Saturated / saturés + Trans / trans	0.4 g 2 % 0 g
Cholesterol / Cholestérol	30 mg
Sodium / Sodium	90 mg 4 %
Carbohydrates / Glucides	45 g 15 %
Fibre / Fibres	1 g 6 %
Sugars / Sucres	24 g
Protein / Protéines	4 g
Vitamin A / Vitamine A	2 %
Vitamin C / Vitamine C	6 %
Calcium / Calcium	2 %
Iron / Fer	10 %

Ingredients: Flour (wheat), Banana puree (banana, ascorbic acid), Sugar, Pineapple, Canola Oil, Egg, Oats, Margarine (Canola oil, water, modified palm and palm kernel oils, salt, vegetable monoglycerides, soya lecithin, sodium benzoate, citric acid, artificial flavour, vitamin A palmitate, vitamin D3)(soy), Baking Soda, Brown Sugar, Allspice, Salt, Corn Syrup (glucose, sugar, water, molasses, salt, potassium sorbate, caramel colour)(sulphites), Baking Powder, Vanilla (water, alcohol, vanilla beans, Vegetable glycerine)

Ingrédients: Farine, banane, sucre, ananas, huile de canola, œufs, avoine, Margarine (huile de canola, de l'eau, de palme modifiée et de palmiste huiles, sel, monoglycérides végétales, lécithine de soja, le benzoate de sodium, acide citrique, arôme artificiel, de la vitamine A palmitate, vitamine D3), bicarbonate de soude, Brown Sugar, Allspice, sel, sirop de maïs (glucose, sucre, eau, mélasse, sel, sorbate de potassium, colorant caramel), poudre à pâte, vanille (eau, alcool, gousses de vanille, glycérine végétale)

Allergen Information

Contains: Wheat, Egg, Dairy, & Soy Products.

Produced on equipment that also processes: Peanuts, Tree Nuts, Sesame Seeds, & Sulphites.

Receiving Specifications

Shelf life: 4 days

Refrigeration: at night

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Blueberry Cherry Almond Loaf 12/02/2019



INGREDIENTS: Flour (wheat), Blueberries, Pineapple, Sugar, Canola Oil, Egg, cherries (cherries, sugar), Oats, Margarine (Canola oil, water, modified palm and palm kernel oils, salt, vegetable monoglycerides, soya lecithin, sodium benzoate, citric acid, artificial flavour, vitamin A palmitate, vitamin D3), Brown Sugar, Almond essence (water, alcohol, propylene glycol, artificial flavour), Baking Powder, Vanilla (water, alcohol, vanilla beans, Vegetable glycerin), Salt, Corn Syrup (glucose, sugar, water, molasses, salt, potassium sorbate, caramel colour)

Ingédients: Farine , Myrtilles , ananas , sucre , huile de canola , œufs , cerises (cerises , sucre) , avoine , Margarine (huile de canola , de l'eau , de palme modifiée et de palmiste huiles, sel , monoglycérides végétales , lécithine de soja , benzoate de sodium, acide citrique acide , arôme artificiel , palmitate de vitamine A , la vitamine D3) , cassonade , essence amand (eau, alcool , le propylène glycol , arôme artificiel) , la poudre à pâte , vanille (eau, alcool , gousses de vanille , glycérine végétale) , sel, sirop de maïs (glucose , sucre, eau , mélasse , sel, sorbate de potassium , colorant caramel)

Allergen Information

Contains: Wheat, Egg, Dairy, & Soy Products.

Produced on equipment that also processes: Peanuts, Tree Nuts, Sesame Seeds, & Sulphites.

Nutrition Facts Valeur nutritive

100 (100 g) /

Amount Teneur	% Daily Value % valeur quotidienne
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Calories / Calories	270
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Fat / Lipides	11 g	17 %
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Saturated / saturés	0.4 g	2 %
+ Trans / trans	0 g	

Cholesterol / Cholestérol	25 mg
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Sodium / Sodium	140 mg	6 %
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Carbohydrates / Glucides	40 g	13 %
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Fibre / Fibres	1 g	6 %
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Sugars / Sucres	20 g
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Protein / Protéines	4 g
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Vitamin A / Vitamine A	2 %
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Vitamin C / Vitamine C	4 %
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Calcium / Calcium	2 %
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Iron / Fer	10 %
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Receiving Specifications

Shelf life: 3 days

Refrigeration: at night

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Carrot Sunflower Loaf 28/02/2019

Carrots, raisins, and pineapple baked with a hint of spice, & topped with sunflower seeds.



INGREDIENTS: Flour (wheat), Carrots, Canola Oil, Pineapple, Sugar, Brown Sugar, Egg, Raisins (vegetable oil), Sunflower Seeds, Baking Soda, Salt, Vanilla (water, alcohol, vanilla beans, Vegetable glycerine), Allspice

Ingrédients: Farine , carottes, huile de canola , d'ananas , sucre , sucre brun , oeufs , raisins secs (huile végétale) , graines de tournesol , de bicarbonate de soude , le sel, la vanille (eau, alcool , gousses de vanille , glycérine végétale) , le piment

Nutrition Facts Valeur nutritive

100 grams (100 g) /

Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 310	
Fat / Lipides 14 g	22 %
Saturated / saturés 0.4 g + Trans / trans 0 g	2 %
Cholesterol / Cholestérol 35 mg	
Sodium / Sodium 85 mg	4 %
Carbohydrates / Glucides 41 g	14 %
Fibre / Fibres 2 g	7 %
Sugars / Sucres 21 g	
Protein / Protéines 5 g	
Vitamin A / Vitamine A	35 %
Vitamin C / Vitamine C	4 %
Calcium / Calcium	2 %
Iron / Fer	10 %

Receiving Specifications

Shelf life: 3 days

Refrigeration: at night

Allergen Information

Contains: Wheat, Egg, & Sunflower Seeds.

Produced on equipment that also processes: Dairy, Soy Products, Sesame Seeds, Peanuts, Tree Nuts, & Sulphites.



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Chocolate Chip Banana Loaf 13/02/2019

Ingredients: Banana puree (ascorbic acid), Flour(wheat), Sugar, Semi sweet chocolate (sugar, chocolate liquor, cocoa butter, anhydrous dextrose, soya lecithin, vanilla)(Soy), Canola Oil, Egg, Salt, Baking Soda, Vanilla (Filtered water, alcohol, propylene glycol, vanilla beans)

Ingédients: bananes , farine, sucre , chocolat mi-sucré (sucre , liqueur de chocolat, beurre de cacao, dextrose anhydre , lécithine de soja, vanilline) , huile de canola , oeufs , sel , bicarbonate de soude , de vanille (eau filtrée , l'alcool , le propylène glycol , la vanille des haricots)

Nutrition Facts Valeur nutritive

Slice (100 g) /

Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories	310
Fat / Lipides	15 g 23 %
Saturated / saturés + Trans / trans	2 g 11 % 0 g
Cholesterol / Cholestérol	35 mg
Sodium / Sodium	210 mg 9 %
Carbohydrates / Glucides	47 g 16 %
Fibre / Fibres	2 g 7 %
Sugars / Sucres	29 g
Protein / Protéines	5 g
Vitamin A / Vitamine A	2 %
Vitamin C / Vitamine C	2 %
Calcium / Calcium	2 %
Iron / Fer	15 %

Receiving Specifications

Weight: may vary
Shelf life: 4 days
Refrigeration: required

Allergen Information

Contains: Wheat, Dairy, Egg, Chocolate, & Soy Products.
Produced on equipment that also processes: Peanuts, Tree Nuts, & Sesame Seeds, Sulphites



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Cranberry Orange Loaf 28/02/2019

Moist, fruity loaf packed with the sweetness of pineapple, and the tang of cranberries.



INGREDIENTS: Flour (wheat), Sugar, Pineapple, Cranberries, Canola Oil, Egg, Oranges, Baking Powder, Vanilla (water, alcohol, vanilla beans, Vegetable glycerine), Salt

INGRÉDIENTS: farine, sucre, ananas , canneberges , huile de canola , œufs , oranges , poudre à pâte , vanille (eau, alcool , gousses de vanille , glycérine végétale) , sel

Nutrition Facts Valeur nutritive

100 grams (100 g) /

Amount Teneur	% Daily Value % valeur quotidienne
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Calories / Calories	300
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Fat / Lipides	12 g	18 %
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Saturated / saturés	0.3 g	1 %
+ Trans / trans	0 g	

Cholesterol / Cholestérol	25 mg
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Sodium / Sodium	160 mg	7 %
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Carbohydrates / Glucides	44 g	15 %
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Fibre / Fibres	2 g	6 %
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Sugars / Sucres	22 g
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Protein / Protéines	4 g
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Vitamin A / Vitamine A	0 %
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Vitamin C / Vitamine C	10 %
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Calcium / Calcium	2 %
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Iron / Fer	10 %
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Receiving Specifications

Shelf life: 4 days

Refrigeration: at night

Allergen Information

Contains: Wheat & Egg.

Produced on equipment that also processes: Peanuts, Tree Nuts, Sesame Seeds, Dairy, Soy Products, & Sulphites.



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Gluten Free Berry Loaf

28/02/2019



Ingredients: Egg, Sugar, Canola Oil, White Rice Flour, Potato Flour (potatoes, mono and diglycerides, citric acid), Tapioca, Blackberries, Cranberries, Blueberries, Water, Baking Powder, Vanilla (water, alcohol, vanilla beans, Vegetable glycerine), Oranges, Pumpkin Seeds, Sunflower Seeds, Sesame Seeds, Flax Seeds, Salt, Xanthan Gum, Poppy Seeds

Ingrédients : oeufs , sucre , huile de canola , blanc farine de riz, de pommes de terre Starch (pommes de terre, mono et diglycérides, acide citrique) , Tapioca , Blackberries , Cranberries , Blueberries , eau , poudre à pâte , vanille (eau, alcool , gousses de vanille , Glycérine végétale) , les oranges , les graines de citrouille , graines de tournesol , graines de sésame , graines de lin , sel, gomme de xanthane, graines de pavot

Nutrition Facts Valeur nutritive

1 slice (100 g) /

Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories	350
Fat / Lipides	22 g 33 %
Saturated / saturés	1 g 5 %
+ Trans / trans	0 g
Cholesterol / Cholestérol	100 mg
Sodium / Sodium	260 mg 11 %
Carbohydrates / Glucides	31 g 10 %
Fibre / Fibres	1 g 5 %
Sugars / Sucres	20 g
Protein / Protéines	4 g
Vitamin A / Vitamine A	4 %
Vitamin C / Vitamine C	4 %
Calcium / Calcium	4 %
Iron / Fer	6 %

Receiving Specifications

Shelf life: 3 days

Refrigeration: Not required



Allergen Information

Contains: Sesame Seeds & Egg Products.

Produced on equipment that also processes: Dairy, Wheat, Sulphites, Peanuts, Tree Nuts, & soy products

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Lemon Fondant Loaf 28/02/2019

This lemon loaf melts in your mouth!
Topped with lemon fondant



Ingredients: Flour, Apple Sauce (apples, water), Sugar, Canola Oil, Egg, Fondant (liquid sugar, glucose), Lemon Zest (lemon peel, sugar, lemon oil), Orange Zest (Orange Peel, Sugar, Orange Oil), Lemon Juice Powder (corn syrup, lemon juice, lemon oil, silicon dioxide), Baking Powder, Vanilla (water, alcohol, vanilla beans, Vegetable glycerine), Salt

Ingrédients: Farine , compote de pommes (pommes , eau) , sucre , huile de canola , oeufs , Fondant (sucre liquide , le glucose) , le zeste de citron (zeste de citron , le sucre , l'huile de citron) , zeste d'orange (zeste d'orange, sucre , huile d'orange) , jus de citron en poudre (sirop de maïs , jus de citron , huile de citron , le dioxyde de silicium) , la poudre à pâte , vanille (eau, alcool , gousses de vanille , glycérine végétale) , sel

Nutrition Facts Valeur nutritive

100 grams (100 g) /

Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories	340
Fat / Lipides 13 g	20 %
Saturated / saturés 0.4 g	2 %
+ Trans / trans 0 g	
Cholesterol / Cholestérol	30 mg
Sodium / Sodium	170 mg 7 %
Carbohydrates / Glucides	50 g 17 %
Fibre / Fibres	1 g 5 %
Sugars / Sucres	23 g
Protein / Protéines	4 g
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	2 %
Calcium / Calcium	2 %
Iron / Fer	10 %

Receiving Specifications

Shelf life: 3 days
Refrigeration: at night



Allergen Information

Contains: Wheat & Egg.

Produced on equipment that also processes: Peanuts, Tree Nuts, Sesame Seeds, Sulphites, & Dairy.

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Lemon Poppy Loaf 13/02/2019

Moist, light lemon loaf filled with poppy seeds.



INGREDIENTS: Flour (wheat), Pineapple, Sugar, Canola Oil, Egg, Poppy Seeds, Lemon Zest (Lemon Peel, Sugar, Lemon Oil), Baking Powder, Vanilla (water, alcohol, vanilla beans, Vegetable glycerine), Salt

Ingrédients: Farine , ananas , sucre , huile de canola , oeufs , graines de pavot , le zeste de citron (zeste de citron , le sucre , l'huile de citron) , poudre à pâte , vanille (eau, alcool , gousses de vanille , glycérine végétale) , sel

Nutrition Facts Valeur nutritive

100 grams (100 g) /

Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories	340
Fat / Lipides	15 g 23 %
Saturated / saturés	0.3 g 2 %
+ Trans / trans	0 g
Cholesterol / Cholestérol	30 mg
Sodium / Sodium	180 mg 8 %
Carbohydrates / Glucides	48 g 16 %
Fibre / Fibres	1 g 5 %
Sugars / Sucres	24 g
Protein / Protéines	5 g
Vitamin A / Vitamine A	2 %
Vitamin C / Vitamine C	4 %
Calcium / Calcium	6 %
Iron / Fer	15 %

Receiving Specifications

Shelf life: 3 days

Refrigeration: at night



Allergen Information

Contains: Wheat & Egg.

Produced on equipment that also processes: Peanuts, Tree Nuts, Sesame Seeds, Soy Products, Sulphites, & Dairy.

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