

## Other Contributions (Service)

### Memberships and Offices Held in Learned and Professional Societies:

Society of Behavioral Medicine, Academy of Behavioral Medicine, Royal Society of Canada, Canadian Academy of Health Sciences, European Health Psychology Society, American Psychological Association, International Society for Behavioral Nutrition and Physical Activity, Canadian Academy of Health Sciences, Canadian Society for Psychomotor Learning and Sport Psychology, Canadian Psychological Association, Australasian Society of Behavioural Health and Medicine, North American Society for the Psychology of Sports and Physical Activity, Canadian Society for Exercise Physiology, American College of Sports Medicine

## Select Examples of Contributions to Professional Boards or Committees

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| 1. Society of Behavioral Medicine Abstract Review Committee  | 2023         |
| 2. Society of Behavioral Medicine Leadership Identification and Inclusion Committee  | 2021-2023    |
| 3. Guest Editor, Frontiers in Psychology – Movement Science and Sports Psychology-Special Issue on the Intention-Behavior Gap  | 2019-2021    |
| 4. Senior Co-chair SBM Theories and Techniques of Behavior Change Interventions Special Interest Group   | 2018-2020    |
| 5. Scientific advisory board member for Canada’s adult 24 hour movement guideline development  | 2019-Present |
| 6. Advisory Board Member on E-Active, World Health Organization  | 2018-Present |
| 7. Scientific advisory board member for Canada’s Adult Physical Activity Report Card   | 2020         |
| 8. Guest Editor, Frontiers in Psychology – Movement Science and Sports Psychology-Special Issue on Affect in Exercise and Sport Psychology                             | 2013-Present |
| 9. Board member (Research Advisory) for PARTICIPATION (national)   | 2019-2020    |
| 10. Advisory Board Member, Canada’s Family and Health Behavior Project (ParticipACTION)  | 2019-Present |
| 11. Local conference organizing committee: International Society for Physical Activity and Health (ISPAH) Congress in Vancouver 2022                                   | 2017-Present |
| 12. Scientific Advisory Board, BC Childhood Healthy Weights Intervention Program   | 2017-Present |
| 13. Standing Committee Member, Royal Society of Canada (College)   | 2019-Present |
| 14. Conference Chair, International Congress of Behavioural Medicine, Vancouver 2023   | 2020-2023    |
| 15. Adjunct Professor – University of Toronto (Kinesiology)  | 2020-2022    |
| 16. Adjunct Professor – University of Manitoba (Rehabilitation Medicine)   | 2016-2018    |
| 17. Committee Advisory Member – Public Health Agency of Canada Technical Surveillance Assessment   | 2015-2017    |
| 18. Conference Chair, International Behavioral Nutrition and Physical Activity Conference 2017   | 2013-2016    |
| 19. Active People, Active Places Evaluation Advisory Team. BC Ministry of Health   | 2018         |
| 20. Member, Copenhagen Consensus panel on Older Adult Physical Activity  | 2016         |
| 21. Advisory Committee on BCTs (Behavior change techniques), University College London   | 2007-2013    |
| 22. Reviewer and co-Track chair for Society of Behavioral Medicine Annual meeting<br>Society of Behavioral Medicine Track Chair in Person and Social Factors in Health | 2016-2021    |
| 23. Fitbit, Inc. Research Advisory Board Member  | 2014-2015    |

24. Lead Writer, BC Physical Activity Strategy, BC Ministry of Health

## Selected Editorial Duties

1. Editor-in-Chief: Psychology and Health (2020-present). Please note this is the flagship journal of the European Health Psychology Society with over 1000 submissions per year.
2. Associate Editor, Health Psychology (2012-2020). This is the flagship health psychology journal of the American Psychological Association, with over 1000 submissions per year.
3. Associate Editor, Exercise and Sport Sciences Reviews (2008-present). This is the flagship journal of the American College of Sports Medicine.

### Editorial Board Membership

Health Psychology (2010-2012), Health Psychology Review (2018-present), Annals of Behavioral Medicine (2015-present), Psychology of Sport and Exercise (2015-present), Psychology and Health (2011-2020), British Journal of Sports Medicine (2010-present), Journal of Behavioral Medicine (2012 – present), Scandinavian Journal of Medicine and Science in Sports

### 2002-2023

Grant reviewer (approximately 1 review per agency per year) for:

1. Social Sciences and Humanities Research Council of Canada
2. Canadian Foundation for Innovation
3. Canadian Institutes of Health Research
4. Heart and Stroke Foundation of Canada
5. Canadian Diabetes Association
6. Research Grants Council of Hong Kong
7. British Research Grants Council
8. Dutch Diabetes Research Foundation
9. Dutch Cancer Agency
10. Fundação para a Ciência e Tecnologia (Spain)
11. Alberta Heritage Foundation for Health Research
12. Research into Ageing Fund at Age UK
13. Academy of Finland, Centres of Excellence Grants

External Reviewer for Promotion

1. 2023 reviewer for Deirdre Dlugonski, Department of Athletic Training and Clinical Nutrition, University of Kentucky, Kentucky, U.S.A. (promotion to associate professor)
2. 2023 reviewer for Katie Potter, School of Public Health & Health Sciences, Department of Kinesiology, University of Massachusetts, Amherst, U.S.A. (promotion to associate professor)
3. 2023 reviewer for L. Alison Phillips, Department of Psychology, Iowa State University, U.S.A. (promotion to full professor)
4. 2023 reviewer for Eun-Young Lee, School of Kinesiology and Health Studies, Queen's University, Canada (promotion to associate professor)
5. 2023 reviewer for Dan Graham, Department of Psychology, Colorado State University, U.S.A. (promotion to full professor)
6. 2022 reviewer for Martin Hagger, Department of Psychology (Psychological Sciences), School of Social Sciences, Humanities and Arts, University of California, Merced U.S.A. (promotion to professor above scale)
7. 2022 reviewer for Gavin McCormack, Cumming School of Medicine, University of Calgary, Calgary, AB (promotion to professor)
8. 2022 reviewer for Paul Estabrooks, Department of Health and Kinesiology, University of Utah, Salt Lake City, U.S.A. (promotion and tenure to professor)
9. 2021 reviewer for Gareth Treharne, Psychology Sciences Division, University of Otago, Dunedin, New Zealand (promotion to professor)
10. 2021 reviewer for Austin Baldwin, Department of Psychology, at Southern Methodist University, U.S.A. (promotion to professor)
11. 2021 reviewer for Amanda Rebar, Department of Psychology, Central Queensland Univ. Australia (promotion to associate professor).
12. 2020 reviewer for Eun-Young Lee, Queen's University School of Kinesiology, Canada (promotion to associate professor)
13. 2020 reviewer for Abbie Raikes, Department of Health Promotion, University of Nebraska (promotion to associate professor)
14. 2019 Re-reviewer for University of Texas Medical Branch, Department of Nutrition and Metabolism (Lyons) promotion to associate professor

15. 2019 reviewer for University of Delaware, College of Health Sciences (Mackenzie) promotion to associate professor
16. 2018 reviewer for University of Iowa Dept of Psychology (Philips) promotion to associate professor
17. 2017 reviewer for University of Nebraska Medical Center, College of Public Health. (Raikes) promotion to associate professor
18. 2016 reviewer for University of Ottawa, Faculty of Health Sciences (Brunet) promotion to associate professor
19. 2016 reviewer for University of Texas Medical Branch, Department of Nutrition and Metabolism (Lyons) promotion to associate professor
20. 2016 reviewer for Wayne State University, Department of Psychology (Bogg) promotion to associate professor
21. 2016 reviewer for University of Georgia, College of Public Health (Gay) promotion to associate professor
22. 2015 reviewer for Western University, Faculty of Kinesiology (Burke) promotion to associate professor
23. 2014 reviewer for John Hopkins University, Faculty of Medicine (Belcher) promotion to full professor
24. 2014 reviewer for Illinois Institute of Technology, (Mohler) promotion to full professor
25. 2012 reviewer for University of Leeds, Department of Psychology (Lawton) promotion to full professor
26. 2012 reviewer for University of Bristol, Department of Exercise, Nutrition and Health Sciences (Jago) promotion to full professor

Community Outreach and Media: Over 200 interviews 2003-2024. Some examples:

Franson, B. (July, 2023). How to Start Exercising. The Most Days Show. <https://mostdays.com/podcast>.; York, Kristi. (April/May, 2023). Adopter des habitudes saines. *Costco Connection France*.; Cao, Erika. (March, 2023). [Research Snapshot: Examining Benefits and Barriers to Participating in Family Physical Activity](#). *Vanier Institute of the Child*.; Quigley, Aisling & Moore, Annie. (Winter, 2023). [REACH BC: Connecting People with Health Research Opportunities](#). *Island Health Magazine*. Also featured on the [REACH BC website](#).; York, Kristi. (January/February, 2023). [Creating healthy habits: This year, focus on small, positive behaviours you can sustain](#). *Costco Connection*. **How much work is needed to maintain a positive health habit? Holding onto something requires much less effort than you needed to pick it up.** (2022). *Psychology Today*.; **Is the Peloton Guide - the company's new strength-training device - a worthy gym replacement?** (2022). *The Globe and Mail*.; **Got health goals?**

**Research-based tips for adopting and sticking to new healthy lifestyle behaviours.** (2022). *The Conversation.*; **Ep. 98: The Intention-Behaviour Gap with Dr. Ryan Rhodes.** (2021). *Eat Move Think with Shaun Francis podcast.*; **Fitness industry joins hybrid trend with blended virtual-physical.** (2021). *The Globe and Mail.*; **Fighting apathy, finding an exercise routine vital as pandemic drags on, researchers say.** (2020). *CBC News.*; **Tips to keep mental health in a COVID-19 winter.** (2021). *CHEK News.*; **UVic prof has ways to help you keep new year resolutions.** (2019). *Times Colonist.*; **How to trick yourself into getting more exercise, according to a psychologist.** (2017). *CBC News.*; **The New Era of the 30 Day Fitness Challenge.** (2016). Interview for *The Wall Street Journal.*; **New Year's Resolutions...Why do they Fail?** (2014 and 2015). *New York Times.*