Presentations

All presentations listed below are refereed.

To be presented


Rhodes, R.E., Kaushal, N., Quinlan, A., (to be presented). The transformation from ‘I exercise’ to ‘I am an exerciser’: How self-identity influences exercise behavior & maintenance. To be presented as a symposium at the Society of Behavioral Medicine Conference held on March 29th to April 1, 2017 in San Diego, California.

2016


2015


Rhodes, R.E. (2015). Building from the cracks of our foundational physical activity theories. Presented as the Keynote speaker at the Canadian Society for Psychomotor Learning and Sport Psychology, on in Oct. 16th – 18th Edmonton, Alberta.


2014


2013


Blanchard, C.M., Giacomantonio, N., Lyons, R., Cyr, C., Rhodes, R.E., Reid, R.D., McGannon, K., and Spence, J. Are we placing too much emphasis on social support during and after cardiac rehabilitation? A physical activity perspective. *Presented at the 2013 Meeting of the Society of Behavioral Medicine, San Francisco, CA.*

Ferrier, S., Blanchard, C.M., Giacomantonio, N., Rainham, D., Murnaghan, D., Rhodes, R.E., Reid, R., Spence, J.C., King-Shier, K., McGowan, E., Lyons, R., & Kirkland, S. Demographic and clinical correlates of sedentary behavior in heart disease patients. Presented at the 2013 Canadian Society for Psychomotor Learning and Sport Psychology, on Oct. 16th – 18th in Kelowna, British Columbia

Jarvis, Jocelyn. Rhodes, R.E., Deshpande, Sameer, Berry; Tanya, Chulak-Bozzer, Tala, Faulkner, Guy, Spence, John, Tremblay, Mark, Latimer-Cheung, Amy. Investigating the role of brand equity in mediating the relationship between message exposure and parent support for their child’s physical activity. Presented at the 2013 Canadian Society for Psychomotor Learning and Sport Psychology, on Oct. 16th – 18th in Kelowna, British Columbia.


Kaushal, N. & Rhodes, R.E. Exploring Personality and Physical Environment as Predictors of Exercise Action Control. Presented at the 2013 Canadian Society for Psychomotor Learning and Sport Psychology, on Oct. 16th – 18th in Kelowna, BC


Kowalski, K., Rhodes, R.E., Naylor, P.J., Tuokko, H., & MacDonald, S. A systematic review of direct and indirect measurement of physical activity in older adults. Presented at the 2013 Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.

Laczy, R., Hernandez, P., Dechman, G., Rhodes, R., Spence, J., McGannon, K., & Blanchard, C.M. Is it self-efficacy or outcome expectations that explain steps / day during and after pulmonary rehabilitation? Presented at the 2013 Canadian Society for Psychomotor Learning and Sport Psychology, on Oct. 16th – 18th in Kelowna, British Columbia.
Naylor, P.J., Gibbons, S., Sulz, L., **Rhodes, R.**, McKay, H.A., Voss, C., Wharf-Higgins, J. To PE, or not to PE, that is the question. *Presented at the 2013 Canadian Obesity Summit in Vancouver, BC.*


**Rhodes, R.E.** Closing the intention-behaviour gap in physical activity. *University of Manitoba Health, Leisure and Human Performance Research Series, 2013, Winnipeg, Manitoba.*

**Rhodes, R.E.** Interventions to Promote Physical Activity for Preventive Medicine: What Works and What Doesn’t. *Presented at “the Flip Side 2013,” Medical Sciences, University of Victoria, Victoria, Canada.*


**Rhodes, R.E. & Horne, L.** Deepening the measurement of motivation in the physical activity domain: Introducing behavioural resolve. *Presented at the 2013 Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.*


Temmel, C., **Rhodes, R.E.** Correlates of Sedentary Behavior in Children and Adolescents Aged 7-18: A Systematic Review *Presented at the 2013 Meeting of the Society of Behavioral Medicine, San Francisco, CA.*


**2012**


Gainforth, H., Craig, C., Spence, J.C., **Rhodes, R.E.**, Tremblay, M. & Berry, T. Evaluating the uptake of Canada’s new Physical Activity Guidelines. *Presented at the 2012 Annual meeting for the Society of Behavioral Medicine, New Orleans, LA., USA.*


approach to promoting physical activity. *Presented at the 2012 Annual meeting for the Society of Behavioral Medicine, New Orleans, LA., USA.*


**Rhodes, R.E.** Why those New Year’s physical activity resolutions do not usually work. *Presented at the 2012 Immunizing Canadian Seniors Against Inactivity Expert Symposium, Vancouver, BC.*

**Rhodes, R.E.** An action control approach to understanding exercise behaviour. *Presented at the 2012 Annual meeting for the Society of Behavioral Medicine, New Orleans, LA., USA.*

**Rhodes, R.E.** & Dickau, L. Experimental evidence for the intention-behaviour relationship in the physical activity domain: A meta-analysis. *Presented at the 2012 Annual meeting for the Society of Behavioral Medicine, New Orleans, LA., USA.*

**Rhodes, R.E.**, Mark, R. & Temmel, C. Correlates of adult sedentary behaviour: A systematic review. *Presented at the 2012 Annual meeting for the Society of Behavioral Medicine, New Orleans, LA., USA.*


**Rhodes, R. E.**, Nasuti, G., & Fiala, B. Automaticity as a predictor of exercise action control. *Presented at the 2012 Annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Honolulu, HI., USA.*


2011


Kowalski, K., & Rhodes, R. E. Direct and indirect measurement of physical activity levels in older adults: A systematic review of the literature. *Poster presented at the Annual Meeting of the International Society for Behavioral Nutrition and Physical Activity (ISBNPA), Melbourne, Australia.*

**Rhodes, R.E.** Parental influences on youth physical activity and sedentary behaviour: An evidence synthesis. *Presented at the 2011 Friends of Europe Think Tank on Obesity, Brussels, Belgium.*


**2010**


de Bruijn, G. J., & **Rhodes, R. E.** Moderate and vigorous physical activity action control: exploring the role of Conscientiousness and Extroversion. *Presented at the 2010 International Society for Behavioral Nutrition and Physical Activity, Minneapolis, Minnesota.*

Fiala, B. & **Rhodes, R.E.** Understanding action control: Exercise intensity, intentions and behavior. *Presented at the 2010 Western Psychological Association Convention, Cancun, Mexico.*


Pfaeffli, L.A. & Rhodes, R.E. Personality, social cognition and exercise behavior: A systematic review. Presented at the 2010 Western Psychological Association Convention, Cancun, Mexico.


Rhodes, R.E., de Bruijn, G.J. & Matheson, D.H. Characterizing habit in the physical activity domain: Integration with intention temporal stability and action control. Presented at the 2010 Annual Meeting of the Society of Behavioral Medicine, Seattle, WA.

Rhodes, R.E., Matheson, D.H., Mark, R. & Yim, M. Evaluation of social cognitive scaling response options in the physical activity domain. Presented at the 2010 Western Psychological Association Convention, Cancun, Mexico.


Rhodes, R.E., Naylor, P.J. & McKay, H.A. RCT of a family physical activity planning intervention among parents and their children. Presented at the 2010 Annual Meeting of the Society of Behavioral Medicine, Seattle, WA.


2009


Faktor, M.D., Warburton, D.E.R., Rhodes, R.E. & Bredin, S.S.D. The Effects of Administering the Canadian Physical Activity Fitness & Lifestyle Approach (CPAFLA) on Health-Related Physical Fitness Knowledge as well as Beliefs, Attitudes, and Intentions towards Regular Physical Activity Participation. Presented at the Canadian Society for Exercise Physiology 2009 Annual Meeting, Vancouver, BC.


**Rhodes, R.E.**, Plotnikoff, R.C. & Courneya, K.S. Predicting the physical activity intention-behaviour profiles of adopters and maintainers using three social cognition models. *Presented at the Society of Behavioral Medicine 2009 Annual Meeting, Montreal, Quebec.*


**2008**

Bellows-Riecken, K.H. & **Rhodes, R.E.** Eliciting affective beliefs about physical activity. *Presented at the International Society of Behavioral Nutrition and Physical Activity 2008 Annual Meeting, Banff, AB.*


Blanchard, C.M., Nehl, E., **Rhodes, R.E.**, & Baker, F. Individual versus group-level effects of task and barrier self-efficacy on physical activity. *Presented at the North American Society for the Psychology of Sport and Physical Activity, Niagara Falls, ON.*


Rhodes, R.E. Intention-behaviour discordance: Personality, social cognitive and environmental explanations in the physical activity domain. Presented at the North American Society for the Psychology of Sport and Physical Activity 2008 Annual Meeting, Niagara, ON.


2007


Temple, V.A., Naylor, P.J., Bridgewater, L. & Rhodes, R.E. Family childcare: A setting for the promotion of physical literacy. To be presented at the International Congress on Physical Activity and Public Health, Atlanta, GA.


2005


in rural and urban communities. Paper presented at the International Society for Behavioral Nutrition and Physical Activity Annual Meeting, Quebec City, Quebec.


2002


2001


2000


1999


1998