

Awards & Assistantships

Year	Award	Agency	Amount
2025	Conference abstract awarded Meritorious Award	International Society of Behavioural Medicine	N/A
2025	Top Viewed Article, 2023	Wiley, Applied Psychology: Health and Well-Being	N/A
2025	Top Cited Article, 2023	Wiley, Family Process	N/A
2024	King Charles III Coronation Medal	Governor General of Canada	N/A
2024	Highly Cited Researcher – Cross Field Category	Clarivate	N/A
2024	Royal Society of Canada Fellowship	Royal Society of Canada	N/A
2024	Research Fellowship - Department of Early Childhood Education	The Education University of Hong Kong, Hong Kong, China	\$15,000
2023	Highly Cited Researcher – 2023, Cross Field Category	Clarivate	N/A
2023	Short-Term Visiting Research International Fellowship	Griffith University	\$14,820
2023	Outstanding Service Award for facilitating national and international scientific collaboration	International Society of Behavioral Medicine	N/A
2023	Top Cited Article Published in 2022	International Journal of Behavioral Nutrition and Physical Activity	N/A
2023	Faculty of Education Established Scholar Award for Excellence in Research	University of Victoria – Faculty of Education	N/A
2023	Top Cited Article - Published in an issue	British Journal of Health Psychology	N/A

	between 1 Jan 2021-15 Dec 2022.		
2022	Highly Cited Researcher – 2022, Cross-Field category	Clarivate	N/A
2022	Conference abstract awarded Meritorious Award	Society of Behavioral Medicine 43 rd Annual Meeting & Scientific Sessions	N/A
2022	Paper awarded the Excellence in Research Award	Journal of Sport and Exercise Psychology	N/A
2021	Highly Cited Researcher – 2021, Cross-Field category	Clarivate	N/A
2021	Paper awarded the Editor’s Choice for the May Edition of Maturitas	Maturitas	N/A
2021	Outstanding Research Paper (Student Award)	Society of Behavioral Medicine Physical Activity SIG	N/A
2020	2020 Outstanding Reviewer Award	Journal of Sport and Health Science	N/A
2020	Researcher of the Year Award	Canadian Kinesiology Alliance	N/A
2020	Certificate of achievement for top downloaded article	Obesity Journal	N/A
2019	Highly Cited Researcher 2019 (exceptional research influence; most cited by peers in last decade)	Web of Science Group	N/A
2019	Paper chosen by editors for quarterly continuing medical education for physicians	American Journal of Preventive Medicine	N/A
2019	CHI 2019 Best Paper Award	CHI Conference on Human Factors in Computing Systems	N/A

2018	Kennedy Y.H. Wong Distinguished Visiting Professorship Hong Kong Baptist University	Hong Kong Baptist University	N/A
2018	Best Early Career Abstract	Children and Families Special Interest Group ISBNPA	NA
2018	REACH Award for UVic's Outstanding Research Scientist of the Year with <20 years since PhD	Office of the Vice-President, Research, University of Victoria	N/A
2018	Fellowship/Distinguished International Affiliate	American Psychological Association (Society for Health Psychology)	N/A
2017	Paper chosen by the editor for continuing education credit for Certified Health Promotion Specialists	Health Education and Behavior	N/A
2017	Paper chosen by the editor for journal club	Exercise and Sports Sciences Reviews	N/A
2017	Elected to Fellowship	Canadian Academy of Health Sciences	N/A
2016	Pittu Laungani Award (Best paper in IJHPE)	International Journal of Health Promotion and Education	N/A
2016	Faculty of Education Award for Excellence in Research – Established Scholar Competition	University of Victoria – Faculty of Education	N/A
2015	Elected to Fellowship	Academy of Behavioral Medicine Research	N/A
2015	Elected to College of New Scholars, Artists and Scientists	Royal Society of Canada	N/A
2014	Elected to Fellowship	Society of Behavioural Medicine	N/A
2013	Research citation award in Person and Social Factors in Health Behavior	Society of Behavioral Medicine	N/A

2011-2016	Research Scientist Award in Cancer Prevention	Canadian Cancer Society	\$500,000
2009	Research Citation Award in Person and Social Factors in Health Behavior	Society of Behavioral Medicine	N/A
2008	Early Career Distinguished Scholar Award	North American Society for the Psychology of Sport and Physical Activity	\$1000
2007	Dr. Greg Ferrier Award for the Highest Rated Grant	Heart and Stroke Foundation of Nova Scotia	\$5,000
2007	Research Citation Award in Person and Social Factors in Health Behavior	Society of Behavioral Medicine	N/A
2006-2011	New Investigator Award (Salary Support)	Canadian Institutes of Health Research (Institute of Gender and Health)	\$275,000
2006	Research Citation Award in Health Communication	Society of Behavioral Medicine	N/A
2006	Research Citation Award in Person and Social Factors in Health Behavior	Society of Behavioral Medicine	N/A
2003-2008	<u>Career Scholar Award (Salary Support)</u>	<u>Michael Smith Foundation for Health Research</u>	\$400,000
1999-2001	Doctoral Scholarship	<u>Alberta Heritage Foundation for Medical Research</u>	\$60,000
1998-2001	Tuition Scholarship	University of Alberta Faculty of Graduate Studies & Research	\$9,000
1998-2001	Graduate Research Assistantships	University of Alberta Faculty of Physical Education	\$43,200
2000	J. Gordin Kaplan Graduate Student Award	University of Alberta	\$800
1996-1998	Graduate Research Assistantships	University of British Columbia School of Human Kinetics	\$18,000

1995-1998	Research Assistantships	University of British Columbia Department of Psychology	\$3,000
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