

# PEOPLE, PLACE AND THE PLANET

RESEARCH CONFERENCE  
MAY 2 & 3, 2024



University  
of Victoria

Faculty of Human and Social Development  
Institute on Aging and Lifelong Health

We acknowledge and respect the Lək'wəŋən  
(Songhees and Esquimalt) Peoples on whose  
territory the university stands, and the Lək'wəŋən and  
W̱SÁNEĆ Peoples whose historical relationships  
with the land continue to this day



# Thursday, May 2

8:30 AM - 9:00 AM

**Registration and Welcome Refreshments** (Sngequ House Classroom Foyer)  
Coffee, Tea, Assorted Muffins (GF options available), Whole Fruit

9:00 AM - 9:30 AM

**Territory Acknowledgement** (Sngequ House Classroom 131)  
Elder Eydie Pelkey

## Opening Remarks

Dr. Kevin Hall, President, University of Victoria (UVic)

9:30 AM - 10:15 AM

## Plenary Presentation

*“Ageing Across Cultures: Navigating the Lifecourse through a Multicultural Lens within the Context of People, Place, and the Planet”*

Dr. Jeffrey Proulx, Mindfulness Center, Brown University



Dr. Jeffrey Proulx (Mohawk, Haudenosaunee (Six Nations)) is a gerontologist and psychologist whose research at Brown University’s Proulx Lab for Multicultural Mindfulness focuses on the development of wellness programs tailored for underserved communities. With a keen interest in mind/body medicine and a dedication to interdisciplinary and lifecourse/lifespan approaches to aging, Dr. Proulx explores how mindfulness practices can enhance resilience and well-being across individuals’ developmental trajectories. At the heart of Dr. Proulx’s work lies a commitment to addressing the profound impact of historical and cultural traumas on stress levels within underserved communities. By fostering deep community partnerships and drawing upon the wisdom and healing inherent in these communities, his research seeks to mitigate the loss of culture and traditions while promoting holistic well-being. In addition to his role as Associate Director of Diversity, Equity, and Inclusion at the Mindfulness Center at Brown University in Providence, RI, Dr. Proulx serves as an assistant professor in Public Health, Contemplative Studies, Native American and Indigenous Studies, and Psychiatry at Brown. His multifaceted expertise and compassionate approach make him a valuable contributor to the fields of mindfulness, aging, and community health.

10:15 AM - 10:45 AM

**Morning Refreshment Break** (Sngequ House Classroom Foyer)  
Coffee, Tea, Fresh Fruit Platter, and Yogurt (Dairy Free Yogurt available)

10:45 AM - 11:30 AM

### **Symposium Presentation**

*"Empowering Voices: Navigating Culturally Responsive Evaluation in Indigenous Communities"*

Jenny Morgan, Lena Cuthbertson, Dr./Elder Sharon Jinkerson-Brass, Billie Allan, Sharnelle Jenkins-Thompson, Sarina Piercy, Cynthia Lee, Jackie Lee, Shabnam Ziabakhsh, Soudabeh (Soodi) Jolaei

11:30 AM - 12:30 PM

### **Oral Presentations – Working With Communities**

*"Challenges and Strategies in Cross-Cultural Translation"* (10 min)

Rodrigo Feracini

*"Exploring Syrian Men's Mental Health and Participation in Labour Employment: A Community Participatory Arts-Based Project"* (10 min)

Nancy Clark

*"Evaluating the Victoria SAFER Initiative: Perspectives and Impacts from a Community Safer Supply Program"* (10 min)

Katie Fajber, Corey Ranger, Gillian Kolla, Karen Urbanoski, Bernie Pauly

*"Insights and Reflections from a Mixed Methods Study of Group Sex Using Community-Based Approaches to Conduct Inclusive Sexual Health Research"* (5 min)

Aki Gormezano, Nini Longoria, Leah Shumka, Nathan Lachowsky

*"Rethinking HIV-PrEP Delivery in Canada: Marginalized 2SGBQM's Views on Accessing Injectable Cabotegravir"* (5 min)

Tyrone Curtis, Ryosukue Takamatsu, Lonnes Leloup, Robert Chin-see, Ben Klassen, Chris Draenos, Cameron Schwartz, Michael Montess, Clemon George, Daniel Grace, Kenneth Monteith, Aniela dela Cruz, Pruden Harlan, Michael Kwag, Darrell Tan

12:30 PM - 1:25 PM

**Lunch** (Sngequ House Classroom Foyer, Sngequ House Concourse)

BBQ - Burger (Choice of Beef or Quinoa) (GF buns available), Green Salad (V, GF), Coleslaw, Quinoa Salad (V), Potato Chips, Pop, Juice, Water

1:30 PM - 2:15 PM

### **Symposium Presentation**

*"Queer Worldmaking as an Approach to Mental Health: A Short Counselling Demo, and Discussion of Inclusion and Belonging"*

Meera Dhebar, Gaben Sanchez, Kiffer Card

2:15 PM - 3:15 PM

## Oral Presentations – Dementia, Healthy Aging & Older Adults

*“Addressing the Diminishing Use of Social Networks by the Elderly”* (5 min)

Milan Frankl

*“Healthy Aging and Well-Being of Community-Dwelling Older Persons in Greece”*  
(5 min)

Anastasia Mallidou, Ioanna Papathanasiou, Panagiota Sourtzi, Eleni Zioga, Eleni Roditi, Artemis Magripi, Fotini Provida, Theodora Apostolidi

*“How is Grey Matter Volume Associated with Hormone Replacement Therapy in Healthy Older Women?”* (5 min)

Heather Kwan, Ashleigh Parker, Cassandra Szoeka, Jodie Gawryluk

*“Storytelling and Audio Diaries: A Novel Method to Capture and Support Dementia Caregiving”* (5 min)

Debra Sheets, Mariko Sakamoto

*“A Video-Project: Voices of Rural Community Older Adults Enhancing the Power of Community-Based Knowledge and Social Networks Through Communication Technologies”* (5 min)

Matilde Cervantes Navarrete, Simon Carroll, Denise Cloutier, Robin Syme

*“Advocacy in Action: A Model of Community Building”* (5 min)

Donna Miller, Betsy Ives

*“Developing a Dementia Friendly Communities Action Plan: Co-Designing with an Action Group of People with Dementia who Live Independently”* (10 min)

Mariko Sakamoto, Lynn Jackson, Paulina Malcolm, Alison Chung, Caylee Raber, Kamila Bashir, Parnian Anaa, Debra Sheets, Shelley Canning, Deborah O’Connor

3:15 PM - 3:45 PM

**Afternoon Refreshment Break** (Sngequ House Classroom Foyer)

Bruschetta, Cheese, and Crudites, Coffee, Tea, Water

3:45 PM - 4:30 PM

**Plenary Presentation** (Sngegu House Classroom 131)

***“Co-Design for Care: Catalyzing Change through Creativity and Collaboration”***

Dr. Caylee Raber, Director, Health Design Lab, Emily Carr University of Art + Design



Health Design Lab is a research and design center which specializes in the use of participatory design methods to catalyze, support and amplify local initiatives that address complex health challenges. Specializing in the engagement of people with lived experience in co-design processes, the lab collaborates on a range of health-related projects in close collaboration with community organizations, health authorities and other academic institutions. As a designer and researcher, Caylee’s practice is centred in participatory design research methods for collaboration with diverse populations in the conceptualization, development and implementation of social services, experiences and programs related to health. Through participatory and co-design methods her research seeks to ensure that people can not only inform but shape their future experiences. She is interested in how designers can work collaboratively with community to advance health equity and research engagement by people with lived experience. Current work includes collaboration with researchers at the University of Victoria related to Dementia-Friendly Communities, work on the Sunshine Coast to explore emergent models of care, and collaborations with BC Mental Health and Substance Use and BC Children’s Hospital. Caylee also teaches in the Faculty of Design and Dynamic Media and Faculty of Graduate Studies at Emily Carr University.

4:30 PM

**Day 1 Closing Remarks**



# Friday, May 3

8:30 AM - 9:00 AM

**Registration and Welcome Refreshments** (Sngequ House Classroom Foyer)  
Coffee, Tea, Assorted Muffins (GF options available), Pastries and Whole Fruit

9:00 AM - 9:15 AM

**Opening Remarks** (Sngequ House Classroom 131)  
Dr. Nathan Lachowsky, Associate Dean Research, Faculty of Human and Social Development & Acting Director, Institute on Aging and Lifelong Health, UVic

9:15 AM - 10:00 AM

**Plenary Presentation**  
*“Research Partnerships in Public Health Practice”*

Dr. Réka Gustafson, Vice President of Population Health and Chief Medical Health Officer, Island Health



Dr. Réka Gustafson is the Vice President, Population & Public Health and Chief Medical Health Officer at Island Health. In this role, Dr. Gustafson leads programs that aim to improve health and reduce inequities in health for residents of Island Health. These programs include population health assessment, communicable disease control, immunization, maternal and child health programs, health protection and environmental health, community care facilities licensing, and population health promotion. Since substance use is one of the leading causes of poor health and early death in Island Health, Dr. Gustafson also leads the Island Health Addiction Medicine and Substance Use program. One of her other roles as Chief Medical Health Officer is to advance public policies that improve population health and reduce health inequities in the population. Dr. Gustafson joined Island Health from the BC Centre for Disease Control, the organization she led during the COVID-19 Pandemic. Prior to that she was the Medical Health Officer for the City of Vancouver and Deputy Chief Medical Health Officer for Vancouver Coastal Health. She is a Clinical Associate Professor at the UBC School of Population and Public Health. Throughout her career, Dr. Gustafson has worked in the areas of HIV prevention and care, outbreak control and response, and overdose prevention and response.

10:00 AM - 10:30 AM

**Morning Refreshment Break** (Sngequ House Classroom Foyer)  
Coffee, Tea, Fresh Fruit Platter, and Yogurt (Dairy Free options available)

10:30 AM - 11:15 AM

### **Symposium Presentation**

*“Safer Supply in Canada: Current Evidence and Potential Modelling Informing Future Policy and Practice”*

Nancy Henderson, Daniel Gudino Perez, Abby Hutchison, Katherine Hogan, Karen Urbanoski, Bernie Pauly

11:15 AM - 12:00 PM

### **Oral Presentations – Planetary Health, Extreme Heat, and Energy**

*“Distilling Communication Knowledge to Advance Planetary Health Priorities” (10 min)*

Bronwyn Dunbar

*“A Hot Topic: Facing the Impacts of Extreme Heat Exposure in British Columbia Through a Multifaceted Planetary Health Lens” (10 min)*

Kirsten Mah, Sarah Wiebe

*“Community-Scale Observation of Mortality due to Extreme Temperatures in British Columbia (COMET-BC)” (5 min)*

Rudra Shrestha, Xibiao Ye

*“Mapping the Global Emergence of Renewable Energy Clusters” (5 min)*

Maya Willard-Stepan, Christina Hoicka

*“Communicating Models of Community Governance for Emerging Renewable Energy Technologies” (5 min)*

Nicolas Jekill

12:00 PM - 12:55 PM

**Lunch** (Michele Pujol Room & SUB Upper Lounge, Student Union Building)  
Greek Buffet: Greek Salad (GF, V), Hummus/Tzatziki/Pita, Greek Rice (GF, V), Vegetarian Spanakopita, Mediterranean Chicken (GF, DF), Falafel (V), Assorted Desserts (GF options available), Coffee, Tea, Juice, Water

1:00 PM - 1:45 PM

### **Symposium Presentation**

*“First Steps to Lifelong Health: Unpacking the Perinatal Period’s Role in Family Wellbeing”*

Patricia Janssen, Nichole Fairbrother, Lenora Marcellus, Heather Allyn, Christine Ou



1:50 PM - 2:10 PM

## Oral Presentations – Artificial Intelligence (AI) in Healthcare

*“A Human Factors Perspective on Usable AI in Healthcare”* (10 min)

Andre Kushniruk

*“AI Safety Considerations: A Focus on Healthcare Processes”* (5 min)

Elizabeth Borycki

2:15 PM - 3:00 PM

## Symposium Presentation

*“Navigating Gendered Health: Challenges, Awareness, and Complexity”*

Thea Cacchioni, Katelin Albert, Lisa Smith

3:00 PM - 5:00 PM

## In-Person Poster Presentations & Networking Reception

(Michèle Pujol Room, Student Union Building)

Reception: Warm Artichoke Dip (GF option), Asian Spring Rolls, Chicken Satay (GF, DF), Cheese Platters (GF), Vegetable Platters (GF, V), Chips & Salsa (GF, V)

### *An Intersectionality-Informed Approach to Understanding Experiences with Weight Stigma in Canada*

Rochelle Esterhuizen, Tara McSweeney, Rachel Waugh, Angela Alberga, Mary Forhan, Sara Kirk, Taniya Nagpal, Ian Patton, Ximena Ramoc Salas, Shelly Russell-Mayhew, Jacob Shelley, Sarah Nutter

### *The Lived Experience of North Park Neighbourhood Residents as it Relates to Community Planning, Social Inclusion, and Well-Being*

Kate McAllister

### *Exploring Social Networks Among Structurally Vulnerable Adults Nearing End-of-Life in Canada*

Alexandra Stewart, Kelli Stajduhar, Denise Cloutier

### *Citizen Involvement in the Regional Development of Renewable Energy*

Adam Regier

### *Youth-Led Decision-Making for an Equitable Energy Transition*

Bonnie Gao

### *Exploring Well-Being and Cognitive Status at Death as Moderators of the Time-Varying Association Between Parkinsonism and Cognitive Function*

Alison Chung, Stuart Macdonald, Theone Paterson

**In-Person Poster Presentations** (Continued)

***Health Information Technology Education Implementation for Medical Professionals***

Jeet Bains, Melissa Cartwright

***Age-Related Changes to White Matter, Cognitive Performance, and Subjective Cognitive Functioning in Persons with Multiple Sclerosis***

Colleen Lacey, Sepideh Heydari, Jodie Gawryluk

***The Interpersonal Mechanisms of Prenatal Couple Conflict Dynamics***

Sean Morgan, Erica Woodin

***Enhancing Mindfulness Opportunities for Patients with Mild Cognitive Impairment Through Community Partnership***

Dr. Alexandre Henri-Bhargava, Danielle Thompson, Dr. Mark Sherman,  
Dr. Trish Snozyk, Dr. Emilie Langis, Jocelyn Nikolejsin, Laura Binder

***Woman Walking to Well-being: A Land-Based Experience where Science Met Spirit, Through Forest, Food, Feminism, and Mindfulness***

Gillian Cornwall

***Trajectories of Depressive Symptoms Across the Transition to Fatherhood: The Predictive Roles of Stress and Social Support***

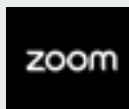
Michela Kroker, Quinn Storey, Erica Woodin, Sean Morgan

***Assessing Suffering in Medical Assistance in Dying***

Tess Wonsiak

## Exhibitors

1. Institute on Aging and Lifelong Health / Self-Management BC
2. Health Information Science
3. School of Indigenous Governance
4. British Columbia Office of Patient-Centred Measurement – Indigenous PCM & University of Victoria
5. BC SUPPORT Unit Island Centre
6. Island Health's Research Department
7. UVic Centre-for Evidence Informed Nursing and Healthcare: A JBI Centre of Excellence
8. Vancouver Island Dance Medicine
9. Right to Housing Research Cluster at UVic
10. Palliative Approaches to Care in Aging and Community Health
11. Professional Business Results



**Join online via Zoom:**

<https://uvic.zoom.us/j/87141252922?pwd=STgwLzRGNDNwK1JZcUtUR1hxTWhSdz09>

Meeting ID: 871 4125 2922

Password: PPP2024

3:00 PM - 5:00 PM

*\*Runs concurrently with In Person Poster Presentations and Networking Reception*

**Online Poster Presentations (Zoom)**

***Examining the Relationship Between Daily Experiences of Climate Change Distress and Pro-Environmental Behaviour***

Helia Sehat-pour, Lily Vokey, Paweena Sukhawathanakul, Jonathan Rush

***The Social Structural Determinants of Health, Including HIV-Related Stigma Influencing the sub-Saharan African Migrant Women Living With HIV in Canada***

Ngozi Joe-Ikechebelu, Patience Magagula, Jean Nsengiyumva, Mandeep Mucina, Catherine Worthington, Nathan Lachowsky

***Visits to the Emergency Department: An Example of Using Population-Level Administrative Health Data to Study Youth with Intellectual/Developmental Disability***

Sandra Marquis, Jennifer Baumbusch

***Cultural Safety in Virtual Care for Indigenous Peoples of Canada: An Umbrella Review***

Emilie Rigby

***An Intersectionality-Informed Analysis of Loneliness and Discrimination Experienced by 2S/GBTQ+ People Living With Disabilities Before and During the COVID-19 Pandemic***

Anthony Amato, Nathan Lachowsky, Kiffer Card

***Impact of Symptoms, Experiences, and Perceptions of the Menstrual Cycle on Physical Activity of Cyclically Menstruating Individuals: A Systematic Review***

Sharan Srinivasa Gopalan, Caitlin Mann, Ryan Rhodes

***Digital Health Innovations to Support Healthy and Inclusive Aging***

Zen Tharani



# Thank you for attending People, Place and the Planet Research Conference

## Organizing Committee:

Dr. Nathan Lachowsky, Conference Chair  
Kathy Jang, HSD  
Paul Meier, HSD  
Mo Mitchell, HSD  
Ashleigh Enright, IALH  
Leah Potter, IALH  
Stephanie Harrington, HSD

## Abstract Reviewing Committee:

Marcel Ramirez  
Tyrone Curtis  
Mehmoona Moosa-Mitha  
Vera Caine  
Bernadette Zakher  
Megan Ames  
David Kennedy  
Denise Cloutier  
Josh Giles  
Jean Buckler  
Jodie Gawryluk

## Event Sponsors

We would like to thank our generous sponsors:

Institute on Aging and Lifelong Health  
Faculty of Human and Social Development  
Office of the President  
Office of Vice-President Research and Innovation  
Canadian Institute for Substance Use Research (CISUR)  
Faculty of Social Sciences  
Faculty of Humanities  
Island Medical Program | Division of Medical Sciences  
Campus Community Gardens

---

Thanks to the generous support  
of our sponsors, we are able  
to open the conference to  
attendees at no cost.

---

