

# Healthy Sexuality



## **HSD 460 A01 Special Topics: Healthy Sexuality (1.5 Units)**

**OPEN TO ALL UVic 2nd, 3rd and 4th Year Students**

**NOT RESTRICTED TO HSD STUDENTS ONLY**

**January - April 2012 (CRN 21679)**

**Mondays & Thursdays 1:00 PM - 2:20 PM**

Human sexuality is a multi-faceted concept, which is influenced by biological, cultural, environmental, historical, psychological, and societal contexts. The purpose of this course is to provide students with opportunities to explore the dynamic role sexuality plays in human experience and the mechanisms by which individuals can achieve healthy sexuality. Course readings, assignments and class activities will encourage students to explore the complexities of human sexuality from a number of perspectives.

**Dr. Charlotte Reading** is an Associate Professor in the Faculty of Human and Social Development. Before coming to the University of Victoria, Dr. Reading taught a class in human sexuality at Dalhousie University for 10 years, where she won several teaching awards. She has also conducted many community workshops related to sexuality, relationships, sexual challenges, and female sexuality. Dr. Reading's research interests include sexual and reproductive health across the lifespan, sexual diversity, sex trade work, HIV/AIDS, the construction of female sexuality, and the cultural determinants of health.

**For more information, contact Joan Gillie ([jgillie@uvic.ca](mailto:jgillie@uvic.ca)) or (250) 853-3845**

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