Teams can continuously improve their effectiveness by focusing on improving their functioning in five key areas: Goals, Roles, Procedures, Relationships and Leadership:

Goals: What the team aspires to achieve
Roles: The part each member plays in achieving the team goals
Procedures: The methods that help the team conduct its work together
Relationships: How the team members ‘get along’ with each other
Leadership: How the leader supports the team in achieving results.

Effective teams are always aware of and responsive to both their internal and their external environment.