Welcome Dr. Tim Black
As our new EPLS Chair

Dear Faculty Colleagues, Staff and Students,

I am delighted to be able to take on the role of Chair of the Department as of July 1st. Dr. John Anderson and many others have been very helpful in assisting me as I prepare for this important role and I want to thank each of you that has made me feel so supported. I also want to say a "Big Welcome" to our new and incoming students! May your studies take you to all the places of which you’ve dreamed. I encourage all students, staff and faculty to please take a moment and stop by the Chair’s office to say “Hello” and also to meet with me at anytime you feel I can be of help, if you have any concerns, or if you want to let me know of something wonderful you want to share. I look forward to serving the Department of Educational Psychology and Leadership Studies over the next three years. In the immortal words of a highly influential quote maker, whose name I cannot recall at the moment, "Together we are better!"

Sincerely, Tim
EPLS Department Chair

Save the Date!

Tuition DUE
September 30th
Pay before the 30th to avoid late fees and holds on your file

Academic Drop Deadline
October 31st
Last day to withdraw without penalty of failure

Reading Break!!!
November 9-11
Read, recharge, relax or runway
YOU DECIDE!
• The number of 12-19 year olds in Canada at risk for developing depression is a staggering 3.2 million (Canadian Mental Health Association).

• In BC, about 1 in 7 young people (14%) will experience a mental illness at some point.

• Between 50-70% of mental illnesses show up before age 18 and can impact a child’s development learning and all aspects of school/life experience (CMHA-BC).

• Some 36.4 per cent of UVic students surveyed in a 2013 national assessment felt so depressed at some point in the previous 12 months that it was difficult to function, while 9.1% say they seriously considered suicide (https://ring.uvic.ca/news/uvic-launches-student-mental-health-strategy)

• UVic’s Student Mental Health Strategy is a testament to the seriousness of this issue, efforts to understand it, and provide support.

On the evening of May 26, in the David Lam Theatre, 126 community members, university alumni, staff, students, and educators gathered for an evening highlighting the increasing and pressing issue of youth mental health. Organized and hosted by Dr. Donna McGhie-Richmond, the event featured award-winning, documentary filmmaker, Dan Habib screening his film, ‘who cares about Kelsey’. An expert panel discussion and audience question and answer opportunity followed the viewing. Panel members featured Dan Habib, Filmmaker, University of New Hampshire’s Institute on Disability; UVic’s Dr. Sarah Macoun, Registered Psychologist and Assistant Professor, Educational Psychology and Leadership Studies; Nabiha Rawdah, Mental Health Student Advisor, Resource Centre for Students with a Disability; and Cathy Crockett-Moore, Interim District Principal, Alternate Programs, Saanich School District.
By all accounts this event was highly successful in profiling the issues inherent in youth mental health, addressing questions, and providing key resource supports. Some participant feedback:

- Amazing film! Great conversation!
- It’s always a beneficial experience to hear from kids first hand about how they view life.
- The incredible strategies public schools use to support kids – dedicated, caring, considered, researched.
- Discussion on issues in the community, not just the school. It’s up to everyone to take action and become interdependent and supportive.
- The collective sense of sharing of the work that has been done and the work that continues to be done.

Thank you to all who supported and participated in this event! Here are some resources:

**Some Mental Health Resources**
... for youth, young adults, friends, families, & professionals.

- AnxietyBC [www.anxietybc.com](http://www.anxietybc.com)
- Canadian Mental Health Association-BC [www.cmha.bc.ca](http://www.cmha.bc.ca)
- Children and Adults with Attention-Deficit/Hyperactivity Disorder [www.chadd.org](http://www.chadd.org)
- Here to Help [www.heretohelp.bc.ca](http://www.heretohelp.bc.ca)
- INSYNC Interdisciplinary National Self-Injury Youth Network Canada [www.insync-group.ca](http://www.insync-group.ca)
- Open Mind BC [www.openmindbc.ca](http://www.openmindbc.ca) • includes weblinks to: [www.keltymentalhealth.ca](http://www.keltymentalhealth.ca) [www.mindcheck.ca](http://www.mindcheck.ca) [www.teenmentalhealth.org](http://www.teenmentalhealth.org)
- The F.O.R.C.E. Society for Kids’ Mental Health [www.forcesociety.com](http://www.forcesociety.com)
- THE SITE / Your guide to the real world [www.thesite.org](http://www.thesite.org)

Thank you for joining the conversation!
• **EPLS is proud to announce** that Dr. Cindy Brown's doctoral study on “girl on girl sexual behaviour” has gone national! Dr. Brown’s study was recently showcased in both the *National Post* and the *Huffington Post*:


  [http://www.huffingtonpost.ca/2015/06/05/girl-on-girl-pressure-women-study_n_7521196.html](http://www.huffingtonpost.ca/2015/06/05/girl-on-girl-pressure-women-study_n_7521196.html)

Dr. Brown was also interviewed by CBC Radio in Ottawa on Tuesday, June 2nd, 2015.

• **The SSHRC Insight Grant entitled, The Development of Inclusive Educational Practices for Beginning Teachers** was funded!

*Dr. Donna McGhie-Richmond* is a co-applicant and Western lead investigator on this pan-Canadian (16 universities!) research project being managed through the Canadian Research Centre on Inclusive Education [http://www.inclusiveeducationresearch.ca/](http://www.inclusiveeducationresearch.ca/) at Western University under the direction of Dr. Jacqui Specht. This 5-year study investigates how beginning teachers develop their instructional practice in diverse and inclusive classrooms. Specifically, we will examine beginning teachers’ self-efficacy and beliefs in combination with teaching expertise, spanning the period from initial teacher education through the first years as a teacher illuminating factors that underlie and contribute to beginning teachers’ competence and confidence in teaching diverse students in inclusive classrooms. The Centre for Youth and Society (CFYS) is undertaking the Knowledge Mobilization for this research project. What we learn will enhance curriculum in our Faculties of Education and in other stakeholder groups such as Ministries of Education, school districts, and teacher federations that support teachers. The research will provide considerable opportunity and financial support for graduate students.

*Would you like to contribute? Send you announcements, story suggestions, or spotlight nominations to Stacey Brownell at eplsgrad@uvic.ca*